# Mountain Weather Forecast

## Southwest Highlands

Including Ben Nevis, Glen Coe and the rest of Lochaber, Argyll including the Isles, Loch Lomond, Trossachs and Arran

Forecast valid from 00:00 on Sunday 07 May 2023 until 23:59 on Monday 08 May 2023

Forecast Issued on Saturday 06 May 2023 at 16:42 by Met Office Aberdeen

**Confidence:** High for unsettled conditions continuing until Monday, followed by drier conditions from Tuesday. Lower confidence for rainfall detail.

**Headline for Sunday 07 May 2023:** Mostly dry with sunny spells, a few afternoon showers.

**Mountain weather hazards on Sunday 07 May 2023**

| | | |
|---|---|---|
| **Blizzards**<br>No Likelihood | **Heavy persistent snow**<br>No Likelihood | **Storm force winds**<br>No Likelihood |
| **Gales**<br>No Likelihood | **Severe chill effect**<br>No Likelihood | **Poor visibility**<br>Low Likelihood |
| **Thunderstorms**<br>No Likelihood | **Heavy persistent rain**<br>No Likelihood | **Strong sunlight**<br>Medium Likelihood |

| **Weather and chance of precipitation at 800m** | | | | | | | |
|---|---|---|---|---|---|---|---|
| Time | | | | | | | |
| 00:00 | 03:00 | 06:00 | 09:00 | 12:00 | 15:00 | 18:00 | 21:00 |
| Partly cloudy (night) | Partly cloudy (night) | Sunny intervals | Sunny intervals | Sunny intervals | Sunny intervals | Sunny intervals | Sunny intervals |
| Precipitation probability | | | | | | | |
| 10% | 10% | 10% | <05% | 20% | 20% | <05% | <05% |

**Forecast for Sunday 07 May 2023**

**Weather:** Most places will stay dry, some afternoon showers will build across northern and eastern ranges. Overcast skies and outbreaks of rain spread to western coasts later.

**Chance of cloud-free hill tops above 800m:** 70%

**Low Cloud and visibility:** Patchy cloud to 300-600m at first, mostly across southern Argyll and the Trossachs otherwise patchy cloud 800-1000m.

Check our weather forecast every day to get the most accurate and up to date information
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**Forecast for Sunday 07 May 2023**

| Height (m) | Wind Speed mean/gusts (mph) | | | | | Wind Direction (blowing from) | | | |
|---|---|---|---|---|---|---|---|---|---|
| | 00:00 | 03:00 | 06:00 | 09:00 | 12:00 | 15:00 | 18:00 | 21:00 | 00:00 |
| **1300** | 18/22 SE | 14/17 SE | 13/17 SE | 15/19 S | 18/24 S | 21/28 S | 23/31 S | 29/37 SE | 32/41 SE |
| **900** | 14/18 SE | 11/14 SE | 10/13 SE | 11/16 S | 14/20 S | 16/24 S | 18/25 S | 20/28 S | 22/31 SE |
| **600** | 9/11 S | 6/9 SE | 6/8 SE | 7/11 S | 14/20 S | 15/22 SW | 18/25 S | 26/33 S | 26/35 SE |
| **300** | 7/13 SE | 7/12 SE | 6/11 SE | 7/11 S | 10/16 S | 10/16 SW | 11/18 S | 13/22 S | 13/23 SE |
| **Glen** | 2/5 SE | 3/7 S | 3/8 S | 6/10 S | 9/16 S | 9/17 SW | 7/15 S | 8/19 S | 8/19 S |

| Height (m) | Temperature / Feels Like (°C) | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|
| | 00:00 | 03:00 | 06:00 | 09:00 | 12:00 | 15:00 | 18:00 | 21:00 | 00:00 |
| **1300** | 3/-2 | 3/-2 | 3/-1 | 3/-1 | 5/1 | 6/2 | 6/1 | 4/-2 | 4/-3 |
| **900** | 5/1 | 5/1 | 5/2 | 7/4 | 9/6 | 10/7 | 9/6 | 7/3 | 6/2 |
| **600** | 9/7 | 8/7 | 8/7 | 10/8 | 11/9 | 12/9 | 12/9 | 10/6 | 10/6 |
| **300** | 10/9 | 10/8 | 10/9 | 12/11 | 14/12 | 14/12 | 14/12 | 12/10 | 11/9 |
| **Glen** | 11/11 | 11/10 | 12/12 | 14/14 | 16/15 | 16/15 | 16/15 | 14/12 | 13/12 |
| **Freezing Level*** | 1900m | 1800m | 1800m | 1800m | 1900m | 1900m | 1900m | 2200m | 2300m |

**Level above which ground is expected to be frozen/snow is expected to settle.*

**Met Office Aberdeen Meteorologist's View**
Nothing to add.

**Forecast for Monday 08 May 2023**
**Weather:** Overcast skies hill fog and outbreaks of rain spread east by early morning with heavy falls at times. Rain begins to ease from the evening.

**Maximum wind:** South or southwest 30-35mph gust 45 mph.

**Chance of cloud-free hill tops above 800m:** 20%

**Low Cloud and visibility:** Extensive cloud 300-500m. Visibility falls poor in rain.

**Temperature:** **Glens:** Plus 5 Celsius to plus 15 Celsius
**At 800m:** Plus 8 Celsius
**Freezing level:** Above summits

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